

# Homoeopathy can help cure cardiac diseases, cancer

PIONEER NEWS SERVICE ■ LUCKNOW

Homoeopathy is the best treatment for heart diseases, especially in those cases where the patients need a bypass surgery or angioplasty, say the experts present at the 9th National Homoeofriends Scientific Congress being held at a city-based hotel at Gomti Nagar on Sunday.

Dr Adil Chinthanwala, hailing from Nagpur, said that homoeopathic remedies were effective in various heart diseases. They could give fast symptomatic relief in heart diseases, ranging from hypertension, hypercholesterolemia and cardiac arrhythmias. "It is safe, natural and has effective products and procedures with almost no side-effects and no potential for addiction."

He said that homoeopathy played an important role in prevention of heart disease and in the management of patients after a heart attack. Homoeopathic medicines could control and prevent various causes of heart attack like increased cholesterol and high blood pressure.

"Treatment of high cholesterol can control atherosclerosis which causes blockade of the arteries of the heart and heart attack. A few homoeopathic remedies are known to decrease the cholesterol deposit from the heart vessels."

He said along with the homoeopathic remedies diet modification and control and physical exercise should be also done. Any change in the

remedy was usually carried out after testing the blood cholesterol level. The remedy was usually reduced gradually depending on the response to treatment. The medicine usually selected was based on the symptoms and on the individual. He said that apart from heart diseases the treatment of hypertension was possible but depended on whether the patient had taken allopathic treatment or not.

He cautioned that if one was taking regular homoeopathic treatment for high blood pressure or high cholesterol he or she would need a regular follow-up with his or her homoeopath and if one wished to take any allopathic medicines along with the homoeopathic treatment one should inform his doctors about it.

He suggested that one should not discontinue or adjust allopathic medications without consulting physicians. He said that the treatment of acute heart attack with homoeopathic medicines was not recommended. "You will need treatment with allopathic medicines if you have a heart attack."

He said that homoeopathic medicines in patients with heart disease offered a potential curative solution with rare or no side-effects, no potential for addiction and seldom negative drug interactions. "These remedies benefit your entire system and move you into a higher state of wellness and reduce the need for allopathic medications."

Dr Tanveer Hasan of Punjab said that treatment of uterus cancer, breast cancer and oral cancer was also possible with homoeopathic remedies.

Meanwhile the UP Minister for Labour, Waqar Ahmad Shah, who was the chief guest on the occasion, was felicitated by the Director, Homoeopathy, Dr Vikram Prasad. Dr RK Banerjee of Gorakhpur was awarded the Vishwanath Mukerjee National Award, 2013, Dr Amar Sinha Nitam of Pune was

awarded the Hoyeratna, 2013, Dr Ashok Mohantee of Delhi was given Hoyobhushan, 2013, Dr Adil Chinthanwala of Nagpur was given Hoyoshri Award, 2013, Dr RS Parikh of Agra was awarded the Living Legend, 2013, award. Dr NK Srivastava was given the Hoyo Friends Hahnemann Award, 2013, and Dr H Mukherjee was awarded the National Award on the occasion. It was also announced that the 10th congress will be held at Gorakhpur in April.

## HOMOEOPATHY DOCTORS HONOURED

LUCKNOW: Seven homoeopathy practitioners who have contributed to the treatment and research in the field were honoured at the 9th national Homoeo Friends Scientific Congress Awards Ceremony-2013 held in the city on Sunday. Eminent doctors also gave lectures on different topics including cardiology, mental health and chronic diseases on the occasion.

"These awards have been given to those eminent doctors who dedicated their life to the research and application of homoeopathy and serving poor patients," said convenor Dr Girish Gupta. Doctors honoured are Dr Amar Sinha Nikam (Homoeo Ratna), Dr Ashok Mohanty (Homoeo Bhushan), Dr Adil Chinthanwala (Homoeo Shree), Dr RS Parikh (Jeevant Yug Purush), Dr Nishant Kumar Srivastava (Homoeo Friends Hahnemann Award), Dr VK Rastogi (HM National Award), Dr RK Mukherjee (VM National Award).

The speakers said if governments developed a homoeopathy centre at all government hospitals, patients would benefit and the load at government hospitals would also be reduced. "Homoeopathy is a trusted and cheap means to good health. It can do what modern medicine can do at one-tenth of the cost of modern medicine," said Dr RK Singh, Head of HCC and centre for research in homoeopathy-HRC